

## New Year...New You...Who says?

Posted on Jan 12, Posted by [Webmaster](#) Category [Telling Tales](#)

As I sat with friends at dinner on New Year's Eve, the conversation turned to Caroline's mother's heated mattress pad.

*"She just loves it. Turns it on about an hour before bed and hasn't missed a night in years."*

The New Year's Eve festivities continued, but for me, the idea of a heated mattress, seemed outstanding, unbelievable .... and completely unfathomable that I had never heard of it before!

I liken it to when Bill Gates first saw Steve Job's iPod!

*"A heated mattress pad? I've never seen one of those. Where did she get it? Does she leave it on all night? Wow, a heated mattress – seriously – I can only imagine how warm and toasty that is."*

About three minutes into this conversation, all the other party goers had moved on to more festive discussions but I wasn't ready to let this go.

So, I pulled out my phone and started Googling it.

Found it!!

On Amazon. Dual temperature settings. Automatic cut off. Quilted. 250 Thread Count.

As I scanned the 79 reviews, my husband found me sitting in a corner, glued to my phone.

*“What are you looking at? Heated mattress pads? What is wrong with you? It’s New Year’s Eve, put your phone down and come be with everyone!”*

I looked around the room.

Although I was amongst friends, in my heart of hearts, I really wanted to be in bed (*it was 10:15 for goodness sake!*), reading a book, laying on a heated mattress pad!!

And yet I had spent most of New Year’s Eve day watching television shows all about it being a “New Year and a New You!” And, I had promised myself, I would do just that in 2012.

I was going to join Becky at the gym. I was going to wear less black. I was going to be much more fun!

Yet, here I was on New Year’s Eve, scanning reviews of heated mattress pads.

And just as I was about to put away my phone and put on my New Year’s Eve tiara, I recalled another show I had watched that morning. A woman had decided to SAY YES to everything that came her way in 2011.

She had done just that and had changed her life.

So, I hit purchase and said YES to a Sunbeam Heated Mattress pad!

2012 is going to be the best year yet!

*I will just have to wear more black to compensate for my not joining a gym...*

by Angel Kane

Wilson Living Magazine

To read more of Angel & Becky's columns go to [www.wilsonpost.com](http://www.wilsonpost.com) .

Tags: Untagged