

## Sole to soul

Posted on Sep 22, Posted by [Webmaster](#) Category [Telling Tales](#)

**By ANGEL KANE**

There are people that say, the eyes are the windows to the soul. But given fillers, botox and brow lifts...I no longer believe that to be the case.

As I see it, if you really want to know someone's soul...take a look at their shoes. You can really tell who is enjoying life or, more importantly, who has given up on life, based on their shoe selection.

For instance, just the other day, I was sitting in court amongst a sea of attorneys wearing blue, black and grey suits. I had the fortune of sitting between two young female attorneys and ....I looked down at their shoes.

The one to my right had on a pair of fabulous cream colored pumps – very stylish. And the one to my left, had on these gorgeous open toed leopard skin heels – to die for! I then looked down at ...my 1 inch dependable black pumps.

“Hmmm”....I thought to myself, ...”at what point in my life, did I just give up?”

In my lifetime, I've owned approximately 432 pairs of practical black pumps. Every once in a while, I've broken out of my box and even gone as far as dark navy blue and one time, I completely lost my mind and bought black patent leather. But, for the most part...the thought of buying leopard skin high heels has never crossed my mind.

As it was obvious, I was staring at her shoes, I said, “ I am just admiring your great shoes. I love them.”

She let out a huge smile, gushed “thank you” and then looked down at my shoes to pay me the same compliment...but then awkwardly looked away.

Which brings me to Becky.

Becky has recently become an avid fan of E-bay and Craigslist. Constantly, buying other people’s unwanted goods.

“Look at my new shoes. They are regularly \$600 and I got them for \$40”

Looking down at her bejeweled pink and black three inch heels, I said “ They look too small. Your heel is hanging off the back.”

“Well, they are one size smaller than I normally wear but they are Manolo Blahniks!!”

“Manolo who? You spent \$40 on used shoes that don’t even fit you?”

“Stop judging me!””

Which brings me back to this young lady in court. As I pondered the awkward silence that ensued after she had taken a quick look at my worn and weathered black pumps, I got the distinct feeling I was being judged.

And... like Becky...didn't like it one bit.

There are people that say that you shouldn't judge a person until you've walked a mile in their shoes. But given the wide array of stripper shoes that are now on sale, I no longer think that is the case.

As I see it, you have every right to judge a person if you can outrun them in your worn, weathered and dependable black leather pumps.

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