

Thank You, Mean Girl

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I have a theory...

Mean little girls grow up to be mean Mamas that spawn more little mean girls.

In the case of mean girls – nature supersedes nurture most every time.

In fact, I truly believe when scientists crack the gene code they will find a mean girl supergene and when they peer closely into their microscopes, the markings of this gene will be the overly made up face of a 5th grade mean girl. She will be smiling back at them with that mean girl smile – sans braces, of course, because her mean girl Mama made sure her braces went on in 2nd grade to insure she would be prime boyfriend material by 4th grade.

If my description makes you cringe a little on the inside – then you know of what I speak - for one reason ...or maybe another.

I have another theory...

Mean girls make those around them better people.

Nothing hurts worse than being the little girl not invited to the party. Nothing teaches you to be a kind person more, than being the little girl not invited to the party.

As a child who moved around quite a bit and whose parents insisted on sending their poor kid to an all-girl private school – mean girls abounded.

Thankfully, having a sense of humor and a few other friends “on scholarship”, got me through it almost unscathed.

And it’s the “almost” part of that sentence, to which I owe much gratitude.

It’s the reason I try to remember to always say please and thank-you to everyone, regardless of who they are or who they think they are.

It’s the reason I like to leave bigger tips for teen-age girls working their way through school.

It’s the reason I always over invite people to our parties, concerned I might forget someone.

It’s the reason I sit with the weird mom on the bus on field trips ...or maybe it’s the reason that other mom is sitting with me.

It really makes no difference to me anymore, because I thank my lucky stars for all the mean girls I’ve encountered.

I know for a fact...

Mean girls' prime is K-12, after that it's pretty much down hill. In the real world, being mean gets you nowhere. Being kind opens every door. By the time mean girls figure this out, no amount of botox can restore their personalities.

In the case of kind girls – nurture supersedes nature every time.

Kindness is easy to teach, by being the example of it.

For when it's all said and done, little girls grow up, the mean ones as well as the kind ones, and without fail those who know how to be kind, receive kindness back ten fold later in life.

Those who don't...well, they usually end up blaming their mean Mamas for all their problems.

And for the most part, they're right.

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