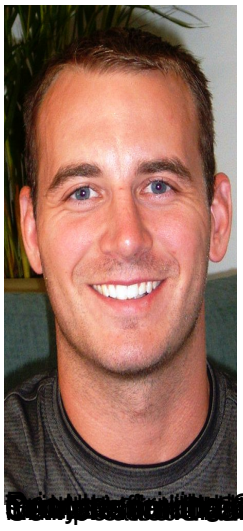
LEBANON -- Cumberland University wrestling coach Jarad Swint (**pictured left**) has been relieved of duties immediately, as announced by Director of Athletics Ron Pavan on Monday. Dr. Jason Grindstaff, a former grappler at Dakota Wesleyan University and current faculty member at CU, will take over the team for the rest of the season.

“The decision has been made to take our wrestling program in a different direction," Pavan said. “Jarad has given Cumberland University a great deal and made the program one of the best in the NAIA. We wish him well in his future endeavors.”

Swint was in his ninth season as the head coach of the Bulldog wrestling program. During that tenure he produced 11 NAIA All-Americans, two national champions and 17 Daktronics NAIA Scholar-Athletes during his tenure in Lebanon.

Grindstaff was a two-time NAIA national qualifier (1999, 2001) at Dakota Wesleyan University from 1998-01, wrestling at 141 pounds his first three seasons and 149 as a senior. He was an NAIA National Scholar-Athlete in 2000 and 2001. The 2001 DWU wrestling team finished 12th at the NAIA National Championships, marking the highest finish in university history.

Grindstaff began teaching at Cumberland in the Fall of 2010 and teaches courses in the Health and Human Performance (HHP) program. Within the HHP program he primarily teaches courses in Physical Education and Sport and Exercise Science.



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