Mt. Juliet's Golden Bears locked up the District 9AAA regular season title with a 55-39 victory at Wilson Central Friday in front of a packed house.

Coach Troy Allen's team outscored Central 19-7 in the fourth quarter, sweeping the regular season series from the Wildcats. Caleb Chowbay had 15 for MJHS, Quinton Hall 11 and Brandon Shepard 10. Dee Oldham had 15 to lead Wilson Central.

Friday night's opener found Mt. Juliet riding a 27-point effort from Caya Williams for a 48-30 victory over the Lady Wildcats. Jamasha Jackson added 16 for the Lady Bears. Taylor Peterson finished with 16 for Central.

LEBANON SWEEPS AT PORTLAND

The Blue Devils scored the final seven points in overtime Friday night to escape with a 50-47 victory over Portland. Cameron High led Lebanon with 22 points. Julian Crutchfield had eight, Keshawn Abston seven and Cody yarbrough six.

The Devilettes had a much easier time in the opener, drilling Portland 58-42. Four LHS players reached double figures, including: Kelsey yarbrough with 16, Madison Sloan, McKenzie Lamberson and Kristen Dedman with 12 each.

WATERTOWN SPLITS AT TROUSDALE CO.

Watertown's Purple Tigers defeated Trousdale County High 50-45 in Hartsville. Jake Belcher had 10 while Josiah Smith and Nick Sackman had nine each for the winners.

The Tigerettes suffered a 34-29 loss to TCHS in Friday night's opener. Morgan Gartner led Watertown with 12 points; Hailey Speck added nine.

MJCA BOYS OPEN WITH WIN

The Mt. Juliet Christian Academy boys advanced to the second round of the Division II East-Middle Regional Tournament with a 55-31 home win over Zion Christian Friday night.

Trevor West lit it up for the Saints, knocking down four 3-pointers and finishing with a game high 21 points. Ben Wankel added 16 from the paint.

Now 17-9 on the season, MJCA will play at Knox Webb Monday.